



File

Commands	Windows	macOS
Project...	Ctrl + Alt + N	Opt + Cmd + N
Sequence...	Ctrl + N	Cmd + N
Bin	Ctrl + /	Cmd + /
Open Project...	Ctrl + O	Cmd + O
Close Project	Ctrl + Shift + W	Shift + Cmd + W
Close	Ctrl + W	Cmd + W
Save	Ctrl + S	Cmd + S
Save As...	Ctrl + Shift + S	Shift + Cmd + S
Save a Copy...	Ctrl + Alt + S	Opt + Cmd + S
Capture...	F5	F5
Batch Capture...	F6	F6
Import from Media Browser	Ctrl + Alt + I	Opt + Cmd + I
Import...	Ctrl + I	Cmd + I
Export Media	Ctrl + M	Cmd + M
Get Properties for Selection...	Ctrl + Shift + H	Shift + Cmd + H
Exit	Ctrl + Q	Cmd + Q

Edit

Commands	Windows	macOS
Undo	Ctrl + Z	Cmd + Z
Redo	Ctrl + Shift + Z	Shift + Cmd + Z
Cut	Ctrl + X	Cmd + X
Copy	Ctrl + C	Cmd + C
Paste	Ctrl + V	Cmd + V
Paste Insert	Ctrl + Shift + V	Shift + Cmd + V
Paste Attributes	Ctrl + Alt + V	Opt + Cmd + V
Clear	Delete	Forward Delete
Ripple Delete	Shift + Delete	Shift + Forward Delete
Duplicate	Ctrl + Shift + /	Shift + Cmd + /
Select All	Ctrl + A	Cmd + A
Deselect All	Ctrl + Shift + A	Shift + Cmd + A
Find...	Ctrl + F	Cmd + F
Edit Original	Ctrl + E	Cmd + E
Keyboard Shortcuts	Ctrl + Alt + K	Cmd + Opt + K

Clip

Commands	Windows	macOS
Make Subclip...	Ctrl + U	Cmd + U
Audio Channels...	Shift + G	Shift + G
Audio Gain	G	G
Speed/Duration...	Ctrl + R	Cmd + R

Insert	,	,
Overwrite	.	.
Enable	Shift + E	Shift + Cmd + E
Link	Ctrl + L	Cmd + L
Group	Ctrl + G	Cmd + G
Ungroup	Ctrl + Shift + G	Shift + Cmd + G

Sequence

Commands	Windows	macOS
Render Effects in Work Area	Enter	Enter
Match Frame	F	F
Reverse Match Frame	Shift + R	Shift + R
Add Edit	Ctrl + K	Cmd + K
Add Edit to All Tracks	Ctrl + Shift + K	Shift + Cmd + K
Trim Edit	Shift + T	Cmd + T
Extend Selected Edit to Playhead	E	E
Apply Video Transition	Ctrl + D	Cmd + D
Apply Audio Transition	Ctrl + Shift + D	Shift + Cmd + D
Apply Default Transitions to Selection	Shift + D	Shift + D
Lift	;	;
Extract	'	'
Zoom In	=	=

Zoom Out	-	-
Next in Sequence	Shift + ;	Shift + ;
Previous in Sequence	Ctrl + Shift + ;	Opt + ;
Snap in Timeline	S	S
Make Subsequence	Shift + U	Cmd + U
Add new caption track	Ctrl + Alt + A	Opt + Cmd + A
Add caption at playhead	Ctrl + Alt + C	Opt + Cmd + C
Go to next caption segment	Ctrl + Alt + Down	Opt + Cmd + Down
Go to previous caption segment	Ctrl + Alt + Up	Opt + Cmd + Up

Markers

Commands	Windows	macOS
Mark In	I	I
Mark Out	O	O
Mark Clip	X	X
Mark Selection	/	/
Go to In	Shift + I	Shift + I
Go to Out	Shift + O	Shift + O
Clear In	Ctrl + Shift + I	Opt + I
Clear Out	Ctrl + Shift + O	Opt + O
Clear In and Out	Ctrl + Shift + X	Opt + X
Add Marker	M	M
Go to Next Marker	Shift + M	Shift + M

Go to Previous Marker	Ctrl + Shift + M	Shift + Cmd + M
Clear Selected Marker	Ctrl + Alt + M	Opt + M
Clear All Markers	Ctrl + Alt + Shift + M	Opt + Cmd + M

Graphics and Titles

Commands	Windows	macOS
New Layer		
Text	Ctrl + T	Cmd + T
Rectangle	Ctrl + Alt + R	Opt + Cmd + R
Ellipse	Ctrl + Alt + E	Opt + Cmd + E
Arrange		
Bring to Front	Ctrl + Shift +]	Shift + Cmd +]
Bring Forward	Ctrl +]	Cmd +]
Send Backward	Ctrl + [	Cmd + [
Send to Back	Ctrl + Shift + [	Shift + Cmd + [
Select		
Select Next Layer	Ctrl + Alt +]	Opt + Cmd +]
Select Previous Layer	Ctrl + Alt + [	Opt + Cmd + [

Window

Commands	Windows	macOS
Reset to Saved Layout	Alt + Shift + 0	Opt + Shift + 0
Audio Clip Mixer	Shift + 9	Shift + 9
Audio Track Mixer	Shift + 6	Shift + 6

Effect Controls	Shift + 5	Shift + 5
Effects	Shift + 7	Shift + 7
Media Browser	Shift + 8	Shift + 8
Program Monitor	Shift + 4	Shift + 4
Projects	Shift + 1	Shift + 1
Source Monitor	Shift + 2	Shift + 2
Timelines	Shift + 3	Shift + 3

Audio Track Mixer Panel

Commands	Windows	macOS
Show/Hide Tracks	Ctrl + Alt + T	Opt + Cmd + T
Loop	Ctrl + L	Cmd + L
Meter Input(s) Only	Ctrl + Shift + I	Ctrl + Shift + I

Capture panel

Commands	Windows	macOS
Record Video	V	V
Record Audio	A	A
Eject	E	E
Fast Forward	F	F
Go to In point	Q	Q
Go to Out point	W	W
Record	G	G
Rewind	R	R

Step Back	Left	Left
Step Forward	Right	Right
Stop	S	S

Effect Controls panel

Commands	Windows	macOS
Remove Selected Effect	Backspace	Delete
Loop During Audio-Only Playback	Ctrl + L	Cmd + L

Effects panel

Commands	Windows	macOS
New Custom Bin	Ctrl + /	Cmd + /
Delete Custom Item	Backspace	Delete

Essential Graphics panel

Commands	Windows	macOS
New text layer	Ctrl + T	Cmd + T
Rectangle	Ctrl + Alt + R	Opt + Cmd + R
Ellipse	Ctrl + Alt + E	Opt + Cmd + E
Bring to Front	Ctrl + Shift +]	Cmd + Shift +]
Bring Forward	Ctrl +]	Cmd +]
Send Backward	Ctrl + [	Cmd + [
Send to Back	Ctrl + Shift + [	Cmd + Shift + [
Select Next Layer	Ctrl + Alt +]	Cmd + Opt +]

Select Previous Layer	Ctrl + Alt + [	Cmd + Opt + [
Clear Selection	Backspace	Delete
Increase Leading by One Unit	Alt + Up	Opt + Up
Decrease Leading by One Unit	Alt + Down	Opt + Down
Increase Leading by Five Units	Alt + Shift + Up	Opt + Shift + Up
Decrease Leading by Five Units	Alt + Shift + Down	Opt + Shift + Down
Increase Font Size by One Unit	Ctrl + Alt + Right	Opt + Cmd + Right
Decrease Font Size by One Unit	Ctrl + Alt + Left	Opt + Cmd + Left
Increase Font Size by Five Units	Ctrl + Alt + Shift + Right	Opt + Shift + Cmd + Right
Decrease Font Size by Five Units	Ctrl + Alt + Shift + Left	Opt + Shift + Cmd + Left

History panel

Commands	Windows	macOS
Step Backward	Left	Left
Step Forward	Right	Right
Delete	Backspace	Delete

Legacy Titler panel

Commands	Windows	macOS
Arc Tool	A	A
Bold	Ctrl + B	Cmd + B
Ellipse Tool	E	E

Insert Copyright Symbol	Ctrl + Alt + Shift + C	Opt + Shift + Cmd + C
Insert Registered Symbol	Ctrl + Alt + Shift + R	Opt + Shift + Cmd + R
Italic	Ctrl + I	Cmd + I
Line Tool	L	L
Nudge Selected Object Down by Five Pixels	Shift + Down	Shift + Down
Nudge Selected Object Down by One Pixel	Down	Down
Nudge Selected Object Left by Five Pixels	Shift + Left	Shift + Left
Nudge Selected Object Left by One Pixel	Left	Left
Nudge Selected Object Right by Five Pixels	Shift + Right	Shift + Right
Nudge Selected Object Right by One Pixel	Right	Right
Nudge Selected Object Up by Five Pixels	Shift + Up	Shift + Up
Nudge Selected Object Up by One Pixel	Up	Up
Pen Tool	P	P
Position Objects to Bottom Title Safe Margin	Ctrl + Shift + D	Shift + Cmd + D
Position Objects to Left Title Safe Margin	Ctrl + Shift + F	Shift + Cmd + F
Position Objects to Top Title Safe Margin	Ctrl + Shift + O	Shift + Cmd + O
Rectangle Tool	R	R

Rotation Tool	O	O
Selection Tool	V	V
Type Tool	T	T
Underline	Ctrl + U	Cmd + U
Vertical Type Tool	C	C
Wedge Tool	W	W

Media Browser panel

Commands	Windows	macOS
Open in Source Monitor	Shift + O	Shift + O
Select Directory List	Shift + Left	Shift + Left
Select Media List	Shift + Right	Shift + Right

Metadata panel

Commands	Windows	macOS
Loop	Ctrl + L	Cmd + L
Play	Space	Space

Multi-camera

Commands	Windows	macOS
Go to Next Edit Point	Down	Down
Go to Next Edit Point on Any Track	Shift + Down	Shift + Down
Go to Previous Edit Point	Up	Up
Go to Previous Edit Point on Any Track	Shift + Up	Shift + Up

Go to Selected Clip End	Shift + End	Shift + End
Go to Selected Clip Start	Shift + Home	Shift + Home
Go to Sequence-Clip End	End	End
Go to Sequence-Clip Start	Home	Home
Increase Clip Volume	]	]
Increase Clip Volume Many	Shift +]	Shift +]
Maximize or Restore Active Frame	Shift + `	Shift + `
Maximize or Restore Frame Under Cursor	`	`
Minimize All Tracks	Shift + -	Shift + -
Play Around	Shift + K	Shift + K
Play In to Out	Ctrl + Shift + Space	Opt + K
Play In to Out with Preroll/Postroll	Shift + Space	Shift + Space
Play from Playhead to Out Point	Ctrl + Space	Ctrl + Space
Play-Stop Toggle	Space	Space
Reveal Nested Sequence	Ctrl + Shift + F	Ctrl + Shift + F
Ripple Trim Next Edit To Playhead	W	W
Ripple Trim Previous Edit To Playhead	Q	Q
Select Camera 1	1	1
Select Camera 2	2	2
Select Camera 3	3	3
Select Camera 4	4	4
Select Camera 5	5	5

Select Camera 6	6	6
Select Camera 7	7	7
Select Camera 8	8	8
Select Camera 9	9	9
Select Find Box	Shift + F	Shift + F
Select Clip at Playhead	D	D
Select Next Clip	Ctrl + Down	Cmd + Down
Select Next Panel	Ctrl + Shift + .	Ctrl + Shift + .
Select Previous Clip	Ctrl + Up	Cmd + Up
Select Previous Panel	Ctrl + Shift + ,	Ctrl + Shift + ,
Set Poster Frame	Shift + P	Cmd + P
Shuttle Left	J	J
Shuttle Right	L	L
Shuttle Slow Left	Shift + J	Shift + J
Shuttle Slow Right	Shift + L	Shift + L
Shuttle Stop	K	K
Step Back	Left	Left
Step Back Five Frames - Units	Shift + Left	Shift + Left
Step Forward	Right	Right
Step Forward Five Frames - Units	Shift + Right	Shift + Right
Toggle All Audio Targets	Ctrl + 9	Cmd + 9
Toggle All Source Audio	Ctrl + Alt + 9	Opt + Cmd + 9
Toggle All Source Video	Ctrl + Alt + 0	Opt + Cmd + 0

Toggle All Video Targets	Ctrl + 0	Cmd + 0
Toggle Audio During Scrubbing	Shift + S	Shift + S
Toggle Control Surface Clip Mixer Mode		
Toggle Full Screen	Ctrl + `	Ctrl + `
Toggle Multi-Camera View	Shift + 0	Shift + 0
Toggle Trim Type	Shift + T	Ctrl + T
Trim Backward	Ctrl + Left	Opt + Left
Trim Backward Many	Ctrl + Shift + Left	Opt + Shift + Left
Trim Forward	Ctrl + Right	Opt + Right
Trim Forward Many	Ctrl + Shift + Right	Opt + Shift + Right
Trim Next Edit to Playhead	Ctrl + Alt + W	Opt + W
Trim Previous Edit to Playhead	Ctrl + Alt + Q	Opt + Q

Program Monitor panel

Note:

To use nudging for graphic layers, make sure that:

- You have at least one layer selected (blue box) in a single graphic
- The Program Monitor or the Essential Graphics panel is in focus

Commands	Windows	macOS
Show Rulers	Ctrl + R	Cmd + R
Show Guides	Ctrl + ;	Cmd + ;
Snap in Program Monitor	Ctrl + Shift + ;	Shift + Cmd + ;
Lock Guides	Ctrl + Alt + Shift + R	Opt + Shift + Cmd + R

Nudge Selected Object up by five frames	Shift + Ctrl + Up	Shift + Cmd + Up
Nudge Selected Object right by five frames	Shift + Ctrl + Right	Shift + Cmd + Right
Nudge Selected Object left by five frames	Shift + Ctrl + Left	Shift + Cmd + Left
Nudge Selected Object down by five frames	Shift + Ctrl + Down	Shift + Cmd + Down
Nudge Selected Object up by one frame	Ctrl + Up	Cmd + Up
Nudge Selected Object right by one frame	Ctrl + Right	Cmd + Right
Nudge Selected Object left by one frame	Ctrl + Left	Cmd + Left
Nudge Selected Object down by one frame	Ctrl + Down	Cmd + Down

Project panel

Commands	Windows	macOS
New Bin	Ctrl + B	Cmd + B
Delete	Backspace	Delete
List	Ctrl + Page Up	Cmd + Page Up
Icon	Ctrl + Page Down	Cmd + Page Down
Hover Scrub	Shift + H	Shift + H
Delete Selection with Options	Ctrl + Delete	Cmd + Forward Delete
Extend Selection Down	Shift + Down	Shift + Down
Extend Selection Left	Shift + Left	Shift + Left
Extend Selection Right	Shift + Right	Shift + Right

Extend Selection Up	Shift + Up	Shift + Up
Move Selection Down	Down	Down
Move Selection End	End	End
Move Selection Home	Home	Home
Move Selection Left	Left	Left
Move Selection Page Down	Page Down	Page Down
Move Selection Page Up	Page Up	Page Up
Move Selection Right	Right	Right
Move Selection Up	Up	Up
Next Column Field	Tab	Tab
Next Row Field	Enter	Return
Open in Source Monitor	Shift + O	Shift + O
Previous Column Field	Shift + Tab	Shift + Tab
Previous Row Field	Shift + Enter	Shift + Return
Thumbnail Size Next	Shift +]	Shift +]
Thumbnail Size Previous	Shift + [	Shift + [
Toggle View	Shift + \	Shift + \
Zoom In	=	=
Zoom Out	-	-

Source patching and Track targeting

Keyboard shortcut	Source patching	Track targeting
Click	Toggle selected state	Toggle selected state

Cmd/Ctrl + Drag	Turn on/off as you click and drag, based on the first track	Turn on/off as you click and drag, based on the first track
Drag	Swap tracks	Not applicable
Shift + Drag	Move entire set of tracks up or down	Not applicable
Shift + Scroll	Uniformly change all video or audio track height	Uniformly change all video or audio track height
Cmd + Scroll	macOS: Scroll timeline Windows: None	macOS: Scroll timeline Windows: None
Opt + Click	Toggle "Gap"	Not applicable
Opt + Scroll	Change height of single track	Change height of single track
Cmd/Ctrl + Opt + Drag	Toggle "Gap"	Not applicable

Timeline panel

Commands	Windows	macOS
Clear Selection	Backspace	Delete
Decrease Audio Tracks Height	Alt + -	Opt + -
Decrease Video Tracks Height	Ctrl + -	Cmd + -
Increase Audio Tracks Height	Alt + =	Opt + =
Increase Video Tracks Height	Ctrl + =	Cmd + =
Nudge Clip Selection Left Five Frames	Alt + Shift + Left	Shift + Cmd + Left
Nudge Clip Selection Left One Frame	Alt + Left	Cmd + Left
Nudge Clip Selection Right Five Frames	Alt + Shift + Right	Shift + Cmd + Right

Nudge Clip Selection Right One Frame	Alt + Right	Cmd + Right
Ripple Delete	Alt + Backspace	Opt + Delete
Set Work Area Bar In Point	Alt + [	Opt + [
Set Work Area Bar Out Point	Alt +]	Opt +]
Show Next Screen	Page Down	Page Down
Show Previous Screen	Page Up	Page Up
Slide Clip Selection Left Five Frames	Alt + Shift + ,	Opt + Shift + ,
Slide Clip Selection Left One Frame	Alt + ,	Opt + ,
Slide Clip Selection Right Five Frames	Alt + Shift + .	Opt + Shift + .
Slide Clip Selection Right One Frame	Alt + .	Opt + .
Slip Clip Selection Left Five Frames	Ctrl + Alt + Shift + Left	Opt + Shift + Cmd + Left
Slip Clip Selection Left One Frame	Ctrl + Alt + Left	Opt + Cmd + Left
Slip Clip Selection Right Five Frames	Ctrl + Alt + Shift + Right	Opt + Shift + Cmd + Right
Slip Clip Selection Right One Frame	Ctrl + Alt + Right	Opt + Cmd + Right